FIND YOUR SIZE

IN CM

Speedo Size	USA	Waist	Hips
20	20	56-60	66-70
22	22	61.0-65.0	71.0-75.0
24	24	66.0-70.0	76.0-80.0
26	26	70.0-72.5	80.0-82.5
28	28	73.5-76.0	84.0-86.5
30	30	77.5-80.0	87.5-90.0
32	32	81.5-85.0	91.5-95.5
34	34	86.5-90.0	96.5-100.5
36	36	91.5-95.5	101.5-105.5
38	38	96.5-101.5	106.5-111.5
40	40	102-107	112-117
42	42	107.5-112.5	117.5-122.5

SIZE GUIDE

Size Guide | **How to Measure**

A **Waist**
Measure around your navel (bend to the side to find the dent, this is where your waist is)

B **Hips**
Measure around widest point of the hips and bum.



Size Guide | How to Measure

Speedo Size	USA	Chest	Waist	Hips	Body Loop
18	18	58.5-61	57-58.5	61-63.5	104-106.5
20	20	62-66.5	58.5-59.5	64.5-68.5	108-111.5
22	22	66.5-68.5	59.5-61	68.5-72.5	113-117
24	24	68.5-71	61-63.5	72.5-76	117-123
26	26	68.5-73.5	61-62	73.5-80	129.5-134.5
28	28	75-78.5	63.5-65	81.5-85	134.5-142
30	30	79-82.5	64.5-66	86.5-90	142-150
32	32	84-87.5	66-70	91.5-95	150-155
34	34	89-92.5	71-75	96.5-100.5	156-158.5
36	36	94-99	76-80	101.5-106.5	160-162.5
38	38	99-104	81.5-85	106.5-110.5	164-166.5
40	40	104-108	84-89	110.5-115.5	166.5-170
42	42	109-114.5	91.5-96.5	117-122	170-174

Size Guide | How to Measure

A **Body Loop**
Measure from shoulder, down through the legs, and back to the same shoulder. Keep the tape snug.

B **Hips**
Measure around the fullest part of your hips, keeping the tape level.

C **Chest**
Measure around the fullest part of the bust, keeping the tape level

D **Waist**
Measure around the narrowest part of your waist, standing relaxed.

